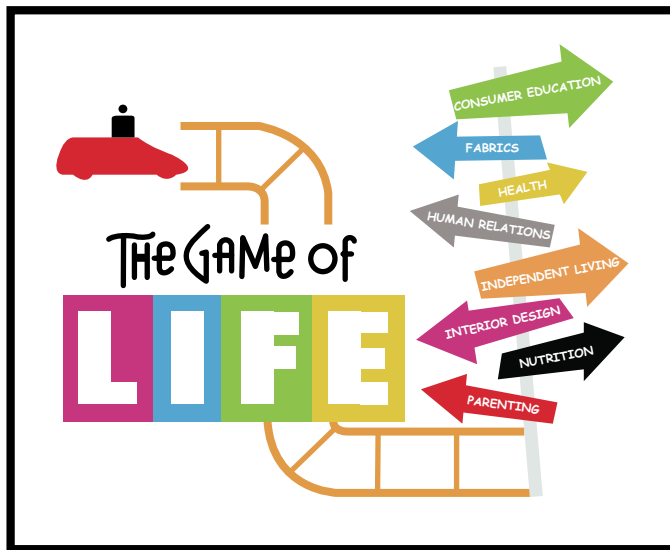


CHIPPEWA VALLEY SCHOOLS

Career and Technical Education



FAMILY AND CONSUMER SCIENCE

Family and Consumer Sciences (FCS or FACS) is the comprehensive body of skills, research, and knowledge that helps people make informed decisions about their well being, relationships, and resources to achieve optimal quality of life. The field represents many areas, including human development, personal and family finance, housing and interior design, food science, nutrition, wellness, textiles and apparel, and consumer issues.

FCS is the only profession that integrates knowledge from the basic disciplines of science, humanities, and the arts. It integrates math, reading, communication skills, organization skills, and work readiness in each area of study.

Today's FCS professionals practice in multiple settings. They are early childhood, elementary, secondary, university/college, and Extension educators, administrators and managers, human service professionals, researchers, community volunteers, business people, and consultants who address the issues most important to our quality of life.

Examples of Careers:

- Account Executive
- Adoption Caseworker
- Business Analyst
- Community Service Officer
- Family Support Advocate
- Financial Planner
- High School Teacher
- Human Resources Assistant
- Human Resources Coordinator
- Interior Designer
- Juvenile Probation Officer
- Nutritionist
- Real Estate Agent
- Retail Merchandiser
- Sales Consultant

Examples of Degrees, Certificates, and/or Certifications:

Bachelor's Degree: The bachelor-level degree provides a general overview of how humans develop, what functions their community serves in that development and how consumerism plays into their daily lives. There are a variety of concentrations to choose from within this major.

Master's Degree: The master-level degree provides a higher-level understanding of the basic concepts covered in the bachelor's degree. The master-level coursework is more focused on nutritional science, research methodology and childhood psychology than the lower-level degree.

Classes can meet the following graduation requirements:

Visual and Performing Arts Credit

World Language Credit

Senior Math-Related Credit

Articulation — Earn College Credits

Students successfully completing the CTE State-approved program may be eligible for tuition free credit.

Instructors:

Ms. Meganne Gleason
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NOTICE OF NONDISCRIMINATION It is the policy of Chippewa Valley Schools not to discriminate on the basis of race, color, religion, national origin or ancestry, gender, age, disability, height, weight or marital status in its programs, services, activities, or employment. Inquiries related to nondiscrimination policies should be directed to: Civil Rights Coordinator, Assistant Superintendent of Human Resources, Chippewa Valley Schools Administration, 19120 Cass Avenue, Clinton Township, MI 48038 Phone: 586-723-2090 / Nondiscrimination inquiries related to disability should be directed to: Section 504 Coordinator, Director of Special Services, (same address) Phone: 586-723-2180

EXAMPLES OF DEGREES, CERTIFICATES AND/OR CERTIFICATIONS

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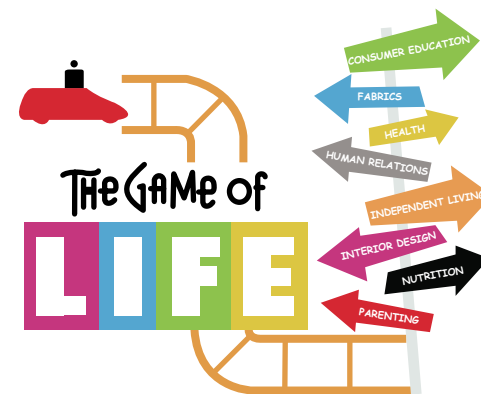
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Grade Levels for Course Scheduling	
9th Grade	10th Grade
Health (required)	Beginner Sewing / Advanced Sewing
Sewing I & II	Parenting
Parenting	Nutrition I & II
Nutrition I & II	Interior Design I & II
Interior Design I & II	
11th Grade	12th Grade
Beginner Sewing / Advanced Sewing	Beginner Sewing / Advanced Sewing
Human Relations	Human Relations
Parenting	Parenting
Nutrition I & II	Nutrition I & II
Consumer Education	Consumer Education
Interior Design I & II	Interior Design I & II
Independent Living	

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FAMILY & CONSUMER SCIENCE



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DON'T JUST CHOOSE A CLASS ~ CHOOSE A CAREER

3064 BEGINNER SEWING AND DESIGN

Grade 9-12

0.5 credit

Prerequisite: None.

Students will learn how to operate a sewing machine as well as basic hand sewing techniques. Students will also explore fashion and design and then implement their skills to create a variety of projects which may include (but not limited to) clothing, accessories, pillows, blankets, custom bags, housewares, stuffed animals, recycled fabrics, etc. **Materials required for the class will be provided by the instructor. Students may provide their own materials or purchase completed projects that utilize teacher supplied materials.**

3065 ADVANCED SEWING AND DESIGN

Grade 9-12

0.5 credit

Prerequisite: *Beginner Sewing and Design or demonstration of skill and teacher approval.*

This course is a continuation of Beginner Sewing and Design, where students will be given the opportunity to build on the basic skills previously acquired. Students will construct projects that apply their previous knowledge of fashion design to create garments and accessories of their choosing. Students will learn new challenging techniques in order to increase their sewing skill level including (but not limited to) reading and customizing sewing patterns, utilizing different fabric types, installing zippers, etc. **Materials required for the class will be provided by the instructor. Students may provide their own materials or purchase completed projects that utilize teacher supplied materials.**

3115 NUTRITION EDUCATION I

Grade 9-12

0.5 credit

Prerequisite: None.

This course will provide you with an overview of good nutrition principles that are necessary for physical and mental wellness for a long, healthy life. Instructional materials include food safety, basic nutrients, digestion, nutritional guidelines, diet and disease, preparing and serving nutritious foods and how to improve eating habits. In this course students will also learn some basic cooking skills as they participate in enrichment labs.

3120 NUTRITION EDUCATION II

Grade 9-12

0.5 credit

Prerequisite: *Nutrition Education I*

The science of Nutrition is exploding as scientists uncover the healing powers of many foods. New diet trends and studies emerge on a daily basis. This course explores these new discoveries and trends and help students to distinguish fact from fallacy. Students will examine the relationship between diet and disease, nutrition research methodology, functional foods, toxic foods, nutritional needs throughout the life cycle, weight management, diets, and eating for sports performance. The enrichment labs in Nutrition II have an emphasis on "natural, functional foods."

3210 CONSUMER EDUCATION

Grade 11-12

0.5 credit

Prerequisite: None.

If you feel your money is managing you instead of you managing your money, choosing this class will help you regain control of your personal finances. You will explore financial management and planning, credit decisions, insurance, taxation, investing, understanding the stock market, consumerism and, of course, how to make wise earning and spending choices. Using real-life situations, you will gain the skills which will enable you to realize your financial goals. **This course has been approved to meet the MMC senior year math-related credit requirement.**

3250 INDEPENDENT LIVING

Grade 12

0.5 credit

Prerequisite: None.

If you want to be ready for independence, this class is for you. It emphasizes the need to be self-motivated while studying personal management. Skills to be learned include the wise use of credit, how to correctly use a checking account, assessing insurance needs, how to make housing decisions, meal planning and food preparation and many more. Personal goals will be the basis for applying these skills in making decisions during class as well as throughout life. As a capstone experience, students will utilize "On Your Own: Coast to Coast," a computer software simulation that will allow them to apply the skills learned in class to navigate the ups and downs of living independently as they face obstacles, choices, and challenges that mimic "real world" situations. **This course has been approved to meet the MMC senior year math-related credit requirement.**

3235 HUMAN RELATIONS

Grade 11-12

0.5 credit

Prerequisite: None.

This activity-based course will explore the topics of character, values, self-esteem, diversity, tolerance, communication, anger management, team building, dating, love, marriage, divorce, aging, and death. This course is designed to assess personal strengths and weaknesses, and to promote personal growth through introspection and shared experiences. As a result, students will learn how they can build successful and effective relationships with co-workers, significant others, and family members.

3297 PARENTING

Grade 10-12

0.5 credit

Prerequisite: None.

The responsibilities and rewards of becoming a parent as well as the need to strengthen the family will be explored in this course while also discovering the developmental needs of the young child. Students will study changes that occur in parenthood through interaction and practical experiences such as "Real Care-II," which simulates parenting of an infant.

Students will explore the physical, intellectual, emotional and social growth and development through age six. This course is designed to promote strong families, parenting skills, early childhood development, and positive relationships.

3280 HEALTH

Grade 9-12

0.5 credit

Prerequisite: None.

This course is required for Graduation. It emphasizes critical knowledge and skills that students need in order to obtain, understand, and use basic health information and services in ways that enhance lifelong health. The primary focus is on behaviors that have the greatest effect especially those related to decision making and goal setting; nutrition; physical activity; safety; substance use and abuse; and sexual behaviors that lead to HIV, STDs, and unintended pregnancy, as developmentally appropriate.

3170 HOUSING AND INTERIOR DESIGN I

Grade 9-12

0.5 credit

Prerequisite: None.

This course provides a broad overview of how to plan, layout, design and furnish the interior of a residential and commercial space. Students will study on projects involving architectural design, floor plans, color schemes, principles of design, housing needs, universal design and related careers in housing/interior design. Practical applications will include drawing, rendering, computerized floor plans and presentation boards.

3190 HOUSING AND INTERIOR DESIGN II

Grade 9-12

0.5 credit

Prerequisite: *Housing and Interior Design I.*

This class extends the learning from Housing and Interior Design I. Advanced projects will be based on design principles and client specifications. Topics may include windows, lighting, flooring, furniture, color schemes, architecture, kitchen and bath design, landscaping and computerized floor plans.

