

Middle School

Lunch Menu

2023-2024

February

Monthly Special:
Spicy Chicken Salad

Daily Offerings Available to ALL Students:

Crispy Chicken Sandwich
Italian Sub
Turkey, Bacon & Cheese Sub
Hummus Veggie Wrap (T-Fr)
Pepperoni/Cheese Pizza
Hamburger/Cheeseburger
Antipasto Salad
Chicken Caesar Salad
Greek Salad



All Options Include:

1 cup Fruit
1 cup Vegetable
Choice of Milk

Vegetable Choices:

Corn
Carrot Sticks
Celery Sticks
Broccoli Bites
Hummus

BREAKFAST is served
daily at CVHS, DHS &
C9. Check your school
for times.

Monday	Tuesday	Wednesday	Thursday	Friday
29 Hot N' Spicy Chicken Sandwich Celery & Sliced Cucumbers w/ Ranch	30 Nacho Supreme Refried Beans Salsa/ Sour Cream	31 Chicken Nuggets Corn Carrot w/ Ranch BBQ Sauce	1 Orange Chicken Fried Rice Steamed Broccoli	2 BBQ Chicken Nachos w/ salsa & sour cream Spinach & Romaine Salad
5 Boneless Chicken Wings Waffle Fries Broccoli Bites w/ Ranch BBQ Sauce/Ketchup	6 Walking Taco Seasoned Black Beans Salsa/ Sour Cream	7 Chicken Nuggets Tater Tots Cauliflower w/ Ranch BBQ Sauce/Ketchup	8 Chicken Ranchero Wrap Sliced Cucumbers & Carrots w/ Ranch	9 Big Chip Burger w/ American cheese, lettuce, pickles + mayo Spinach & Romaine Salad Ketchup/Mustard
12 Super Soft Pretzel w/ Cheese Turkey Snack Stick Sliced Cucumbers & Celery Sticks w/ Ranch	13 Nacho Supreme Refried Beans Salsa/ Sour Cream	14 The Boat Chicken Poppers over Mashed Potatoes, Corn & Gravy 	15 General Tso Chicken Fried Rice Steamed Broccoli	16 
19	20	21	22	23
Mid-Winter Break - No School				
26 Hot N' Spicy Chicken Sandwich Tater Tots Sliced Cucumbers w/ Ranch	27 	28 Chicken Nuggets Corn Carrot Sticks with Ranch BBQ Sauce	29 Sweet & Sour Chicken Fried Rice Steamed Broccoli	1 Bosco Sticks Marinara Dip Sauce Spinach & Romaine Salad

If you have a food allergy, please be aware that CVS prepares food that may contain or have come into contact with peanuts, nuts or other possible allergens.