

**SENECA VOLLEYBALL FALL 2023**

**7TH AND 8TH GRADE GIRLS VOLLEYBALL TRY-OUTS**

**DATES:** Wednesday, September 6, 2023 MAIN GYM

 Thursday, September 7, 2023 MAIN GYM

 Friday, September 8, 2023 MAIN GYM

**TIME:** Wednesday, Thursday, and Friday 3:00 – 4:15 7TH GRADE

 4:15 – 5:30 8TH GRADE

**CLOTHES:** WEAR SHORTS, T-SHIRT **(NAME ON**

 **BACK IS HELPFUL**), AND GYM SHOES.

 KNEE PADS ARE OPTIONAL

**\*\*\*\*\*\*A PHYSICAL IS REQUIRED BEFORE TRY-OUTS. PHYSICAL FORMS ARE AVAILABLE FROM THE FRONT OFFICE, MR. DROSKI OR MRS. FERGUSON OR ONLINE AT THE CHIPPEWA VALLEY WEBSITE UNDER ATHLETICS.**

REGULAR TEAM PRACTICE WILL BEGIN ON Monday, SEPTEMBER 11, 2023- 2:50-4:30!

Coach Impastato – 7TH GRADE

Coach Weeks- 8TH GRADE